

# CLASSICAL HOMEOPATHY

*Classical Homeopathy by Dr. Samuel Hahnemann (The Founder of Homeopathy)*

Hahnemann's doctrine and system of healing is based on clear, comprehensible principles. Scrupulous adherence to all of these principles, as set out in Hahnemann's *Organon of Medicine* is the authentic practice of Classical Homeopathy.

Classical Homeopathy is based on the fundamental principles, including the "Law of Similars" in other words "Like Cures Like". The best similar example of this principle is the vaccination. This substance which can produce symptoms or disease also can, in small dosage, cure the disease. Homeopathic medicine, in the proving on healthy humans (the homeopathic equivalent of drug trials), has shown the most similar characteristic symptom picture.

Today there are many different theories and ideas about the use of homeopathic medicines, but the foundation and science of classical homeopathy emanates from Hahnemann, and is distinct. It is based on the recognition that health and disease are a change of state in each individual and depends on the individual's life force (i.e., vitality, or dynamic energy), state of susceptibility, and inherited predisposition.

Classical homeopath addresses the whole totality of the imbalanced individual, not separate parts. This involves investigating and evaluating all the subjective and objective symptoms of the patient, in the context of their life circumstances and environment. Individualizing characteristics those distinguish one individual's mental, physical, emotional state from another are scientifically analyzed indicating the medicine needed to restore balance.

"Homeopathy is a perfectly simple system of medicine, remaining always fixed in its principles as in its practice, which like the doctrine whereon it is based, if rightly apprehended will be found to be complete and therefore serviceable". One remedy is given at a time in the single, smallest dose required to achieve a curative response. -Dr. Samuel Hahnemann, 1842

## **General Information about Classical Homeopathy**

Classical Homeopathy is very different from any other medical science. It does not treat the patient superficially but it reaches to the cause or core of the illness and it cures the illness. Classical Homeopathic treatment is based on individual's emotional, physical, intellectual symptoms. Treatment is based on individual's relation in family, with friends, at work, and reactions shown based on the personality of people around and circumstances. Classical homeopath derives one's evolution from childhood to this age. In particular, what kinds of circumstances individual faced and how did they handle it, which kind of defense mechanism individual has used for their circumstances? Did a person suppress emotions (suppression) or did he or she talk to someone (Counseling) or did he or she focus somewhere else (Channelization).

Every individual may handle the same situation differently, and may develop different symptoms. Based on one's physical and mental sensitivity to such circumstances, homeopath may suggest different remedy.

Classical Homeopath suggests one Constitutional remedy depending on individual's personality. This covers individual's emotional and physical symptoms, as homeopathy believes in total correlation of mind and body. Classical homeopath also collects symptoms of major illness in detail to find out the ACUTE remedy for acute phase. Also, homeopath collects signs and symptoms of individual's chronic illness to improve overall health.

Homeopath collects past and family medical history to break tendency of individual's body producing the recurrent or chronic illness by selecting the miasmatic remedy. There are three different miasms that are *Psora*, *Syphilis*, and *Sycosis* just like *vaata*, *pitta*, and *kuff* in Ayurveda. Selection of potency depends on patient's susceptibility (immunity) "Inner Power". Homeopath interviews patient for 60 to 90 minutes to find out constitutional, acute, miasmatic remedy. Number of visits always depends on the type of disease i.e. acute or chronic disease. Chronic disease can take few more visits.

Homeopathy has cured many functional and psychodynamic diseases like Migraine, Asthma, Gastric reflux, Peptic Ulcer, Allergy. Homeopathic remedies can specifically act to alleviate emotional disturbance such as excessive anxiety, irritability, insecurity, obsessive traits, undue jealousy, suspicion (paranoid) fears, depression, neurosis etc. Homeopathic remedies can help to bring harmonious state of health. Rather suppressing the illness like traditional medicine, homeopathic remedy improves immune system to get total control over the illness. Homeopathic remedies are usually given in very small doses. It is safe and has almost no side effects. The research says that homeopathy works very well for children.

To obtain the best results and full benefits of homeopathic science, one should resort to homeopathy in the early phase of sickness. Because of the ignorance and lack of awareness in general public about the usefulness of homeopathy in all kinds of diseases ranging from cold to cancer, many patients approach homeopathy late. By this time the disease process advances to an incurable stage and homeopathy can offer little then, to the otherwise curable disorders. However timely given homeopathic treatment could be a blessing to the ailing humanity.



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